

May is...

Mental Health Month

Join Student Health and Well-Being (Counseling and Psychological Services, Health Promotion Services, and the Tritons Flourish Initiative) and our campus partners for programs supporting mental health and well-being throughout the Month of May!

For a complete list of our programming, please visit:



 [CAPS.UCSD.EDU/MAY](https://caps.ucsd.edu/may)

 [@ucsdshw](https://www.instagram.com/ucsdshw)

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UC San Diego

STUDENT HEALTH AND WELL-BEING

 TRITONS
FLOURISH