

## **IS THE SCHOLAR ATHLETE (SA) A DANGER TO SELF OR DOES THE SA NEED IMMEDIATE ASSISTANCE?**

*(eg., suicide and/or homicidal ideation, highly agitated or threatening behavior, acute delirium/confused state, acute intoxication or drug overdose)*

**YES**

The SA is at imminent risk to harm self and/or others; conduct is dangerous, threatening, or reckless.

### **DO THE FOLLOWING:**

1. For life threatening emergencies:
  - If on campus, call (858) 534-HELP
  - If off campus, call 911
2. Contact Dr. Rhonda Hackshaw the same day (or within 24 hours) of the emergency event for follow-up SPORT case management and consultation at (858) 534-5981.
3. Secondary Contact: Dr. Sarah Clavell-Storer at (858) 534-3755.
4. Emergency resources can be found at: <https://caps.ucsd.edu/crisis>

**NOT  
SURE**

The SA shows signs of distress, but I am unsure how serious it is. My interaction has left me feeling uneasy and/or really concerned about the SA.

### **DO THE FOLLOWING:**

1. Call CAPS Urgent Care Services at (858) 534-3755.
2. Request Dr. Sarah Clavell-Storer, SPORT Central Office clinical administrator.
3. If Dr. Clavell-Storer cannot be reached, speak to on duty Urgent Care counselor.
4. Both will assist to determine if the SA should come directly to CAPS UC or schedule a SPORT Brief Telephone Assessment (BTA).

**NO**

I am not concerned about the SA's immediate safety, but the SA is having personal issues that are having an impact on self, academics, social support, and/or team.

### **REFER THE SA TO APPROPRIATE CAMPUS SERVICE:**

1. SA should call CAPS at (858) 534-3755 to schedule a SPORT Brief Telephone Assessment (BTA) with SPORT provider
2. SA can identify as an Athlete and request SPORT BTA (if preferred)
3. After SPORT BTA, the SA will then be dispositioned to recommended treatment/counseling.
4. Due to confidentiality laws, once assessed by CAPS, SA's information will be private unless a Release of Information is signed.

**\* AFTER HOURS CRISIS COUNSELING FOR SA'S IS AVAILABLE AT (858) 534-3755**