

CAPS Consent to Record Counseling Sessions

University of California Counseling and Psychological Services

Please read this form carefully. If you have any questions please ask your intake psychologist. You will be discussing this with your clinician, after which you will be asked to sign. This form is part of your counseling record.

Counseling & Psychological Services (CAPS) provides a variety of services to students including individual and group counseling. We are also a training center, with carefully selected trainees who are advanced graduate students in counseling or clinical psychology. The trainees are supervised by licensed staff psychologists, and there is a need to make audio and/or video recordings for use as part of the training process. Your contact with a graduate student in psychology will remain confidential, and the recordings will be used ONLY for purposes of training and supervision within CAPS.

Recordings will be maintained on a secure server managed by technology services and are erased periodically and no later than the end of the academic year of this contact with CAPS.

Potential risks from recording sessions might include: initial distraction from the counseling process and self-consciousness. These responses tend to decline over time. Recordings are for the purposes of training only, to improve the quality of the services offered by trainees, and will not be given out to clients/students for their own uses.

I have read and understand the above information and I have had the opportunity to discuss any questions that I might have.

I voluntarily consent to the use of: Video recording Audio recording

I understand that my consent remains in effect until my treatment ends or I choose to withdraw it.

At that time, any recordings in which I am a participant will be erased.

I also understand that I may withdraw my permission at any time.

Name:

Date of birth:

Patient Number:

Today's date:

Client Signature:

I Therapist to undersign in the space below.

Undersignature: